



U.S. Department of Veterans Affairs

Veterans Health Administration  
Boston Healthcare System

# News Release

VA Boston Healthcare System  
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## FOR IMMEDIATE RELEASE

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### VA Boston Community Living Center Recognized as Age-Friendly

BOSTON – The VA Boston Healthcare System’s Community Living Center, a nursing home and rehabilitation facility, was recognized Tuesday, Sept. 21, as an Age-Friendly Health System by the Institute for Healthcare Improvement. It is one of the first VA medical facilities to earn this distinction and follows the Age-Friendly recognition for the VA Boston HCS Geriatrics Clinic in June.

“The VA Boston Healthcare System’s participation in this effort highlights our commitment to Veterans and their care,” said Vincent Ng, director of the VA Boston HCS. “We look forward to sharing our best practices and learning from other organizations as we work together to provide older adults with the best care possible.”

The John A. Hartford Foundation and the Institute for Healthcare Improvement, in partnership with the American Hospital Association and the Catholic Health Association of the United States, launched the Age-Friendly Health Systems initiative in 2017 to help hospitals and other care settings implement evidence-based interventions specifically designed to improve care for older adults. The VA Boston HCS joins more than 100 health systems participating in this national effort.

This initiative is focused on addressing four essential elements of care for older patients:

1. **What Matters:** Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.
2. **Medication:** If medication is necessary, use Age-Friendly medications that do not interfere with What Matters to the older adult, Mobility or Mentation across settings of care.
3. **Mentation:** Prevent, identify, treat and manage dementia, depression and delirium across care settings.
4. **Mobility:** Ensure that older adults move safely every day to maintain function and do What Matters.

For more information on the Age-Friendly Health Systems initiative, visit [www.ihl.org/agefriendly](http://www.ihl.org/agefriendly).

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## VA Boston CLC Recognized – 2 of 2



Staff from the VA Boston Healthcare System's Community Living Center, a nursing home and rehabilitation facility at the Brockton VA Medical Center campus Sept. 24, 2021. The CLC staff were recognized Tuesday, Sept. 21, as an Age-Friendly Health System by the Institute for Healthcare Improvement. (VA Boston HCS photo by Deirdre Salvas)